



## What is Lookout Mountain Care Management Entity (LM CME)?

LM CME is a program of [Lookout Mountain Community Services \(LMCS\)](#). We are funded by the [Georgia Department of Behavioral Health and Developmental Disabilities \(DBHDD\)](#) to provide care coordination to families statewide. Using multiple approaches, LM CME staff help children and young adults with complex behavioral health needs achieve recovery and wellness in their homes and communities.

### Vision

Our vision is for children, young adults and caregivers to receive the support and encouragement they need to achieve recovery and maintain wellness.

### Mission

To work beside caregivers, children and young adults to ensure:

- access to timely and appropriate care
- services and supports are based on their individual needs
- resources and supportive connections are in place to sustain long-term recovery

## How to refer

Anyone can make a referral, including but not limited to: families, schools, and faith-based organizations or agencies such as DFCS, DJJ, and Mental Health.

### Enrollment Criteria:

- Behavioral health diagnosis, such as Depression, Bipolar Disorder, etc. (must be primary diagnosis)
- Difficulty at home, school, work, or in the community with DFCS, DJJ, Juvenile Court, Truancy Treatment, CHINS, or LIPT involvement

### AND

- Risk of suicide or harm to self or others with high risk behaviors

### OR

- Recent hospitalization
- Difficulty carrying out wellness activities (i.e. taking medications, following treatment plan) or behaviors which negatively effect their well-being

**Screening and referral forms for each program can be found at [LMCME.org](http://LMCME.org).**



*Lookout Mountain Care Management Entity*

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*“Committed to strengthening and empowering families statewide.”*

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## Supporting recovery

Our focus is to ensure children and young adults get the care they need while supporting the family in the recovery process. To accomplish this goal LM CME utilizes evidenced-based and evidence-supported approaches to coordinate care, including:

- High Fidelity Wraparound (Wrap)
- Intensive Customized Care Coordination (IC3)
- Transitions to Independence (TIP)
- a youth-guided, family-driven, strength-based, individualized, collaborative and culturally proficient approach to coordinate care across agencies and providers
- intensive home and community-based services as alternatives to costly out-of-home placements

## Allies in recovery

One of the most powerful allies a parent or caregiver can have in the recovery process is another parent who shares similar experiences. LM CME offers this type of support through Family Support Partners (FSP), who are employed at LM CME or contracted through a Family Support Organization (FSO) in Georgia.

Most FSPs we work with are also Certified Peer Specialist - Parents (CPS-P). CPS-Ps receive specialized training to assist them in transforming their personal experiences into meaningful help for families. The help CPS-Ps provide varies from family to family, however, the benefits to families include:

- Reduced sense of isolation
- New perspectives
- Feeling of empowerment
- Hope for recovery

## Creating a safety net

- **Team** – building a network of individuals and resources that continue on the recovery journey with the family after graduation from wraparound
- **Plan** – create an individualized plan to facilitate the recovery process
- **Empowerment** – assist youth and caregiver to develop new tools and strengthening skills that will help them better manage difficult moments as they arise
- **Connections** – support family and youth to access traditional and non-traditional resources that may have been previously inaccessible
- **Leadership** – opportunities for families to have a voice in treatment, program development, and policies.

## Programs

### Community Based Alternatives for Youth

CBAY provides treatment options for families with children (ages 6-21) by allowing them to “waive” residential or institutional care and opt for coordinated care in the community where they live.

### SUMMIT Transition Program

SUMMIT helps young adults (ages 22-25) map and navigate their journey to success, from meeting personal independence, education, or career goals, to improving emotional and physical well-being.

### DJJ Pilot Project

The DJJ Pilot Project supports youth with severe behavioral health needs as they are transitioned or diverted from DJJ facility-based placement to the community.